

Woodlands Class Schedule August 1st 2022 thru July 31st 2023

**Preschool -Boys and Girls**

**Mini Mites Ages 18months to 3yrs (45 minutes)**

Mon 10:15am Coach Andrea

Mon 5:15pm Coach Lucy

Wed 5:15pm Coach Angie

**Dyna-Mites Ages 3yrs to 4yrs**

Mon 9:15am Coach Andrea

Mon 4:15pm Coach Angie

Tues 4:15pm Coach Angie

Wed 4:15pm Coach Angie

Thurs 4:15pm Coach Angie

Fri 5:15pm Coach Angie

**Kinder-Mites Ages 4yrs to 5yrs**

Mon 11:15am Coach Andrea

Mon 4:15pm Coach Lucy

Mon 5:15pm Coach Angie

Mon 6:15pm Coach Angie

Wed 6:15pm Coach Angie

Thurs 5:15pm Coach Angie

Fri 4:15pm Coach Angie

**Dyna/Kinder Mites Ages 3yrs to 5yrs**

Sat 9:00am Coach Emma

**Girls Developmental Gymnastics**

**Coaches are subject to change without notice.**

**ggnkjsedngjokjnreskljg’paer**

**Jgmr;klaenmpomgp**

**Kpg,LK**

**]LKG][RLAnnoticenotice**

**Level 1**

5-7yrs Mon 4:30pm Coach Grace

5-7yrs Mon 6:30pm Coach Caleb

5-7yrs Tues 5:30pm Coach Caleb

5-7yrs Wed 5:30pm Coach Emma

5-7yrs Thurs 4:30pm Coach Caleb

5-7yrs Fri 6:30pm Coach Caleb

5-7yrs Sat 11:00am Coach Caleb

8&up Mon 4:30pm Coach Shelby

8&up Tues 4:30pm Coach Caleb

8&up Wed 4:30pm Coach Emma

8&up Thurs 5:30pm Coach Shelby

8&up Sat 10:00am Coach Caleb

**Level 2**

5-7yrs Mon 5:30pm Coach Grace

5-7yrs Thurs 5:30pm Coach Emma

5-7yrs Fri 4:30pm Coach Grace

5-7yrs Fri 5:30pm Coach Shelby

8&up Mon 7:30pm Coach Grace

8&up Wed 6:30pm Coach Shelby

8&up Thurs 4:30pm Coach Emma

8&up Thurs 5:30pm Coach Caleb

8&up Fri 6:30pm Coach Grace

All Ages Sat 10:00am Coach Emma

**Level 3**

All Ages Mon 6:30pm Coach Grace

All Ages Fri 5:30pm Coach Grace

**Power Tumbling – Boys and Girls**

**Level 1**

6-9yrs Mon 4:30pm Coach Caleb

6-9yrs Wed 5:30pm Coach Shelby

10&up Mon 7:30pm Coach Caleb

10&up Thurs 7:30pm Coach Erin

All Ages Sat 11:00am Coach Emma

**Level 2**

6-9yrs Tues 5:30pm Coach Emma

10&up Tues 6:30pm Coach Caleb

10&up Fri 5:30pm Coach Caleb

**Level 3**

All Ages Thurs 7:00pm Coach Derrick

**Beginning Cheer (Ages 8&up) – Boys and Girls**

8 And Up Thurs 6:30pm Coach Erin

**Adult Gymnastics – Boys and Girls**

Gymnastics Thurs 7:45pm Coach Derrick

**Homeschool** – Boys and Girls

5 and Up Tues 1:00pm Coach Jeff

**Boys Gymnastics (Ages 5&up)**

 **Access our Mobile App with this barcode!**

**Maximum Athletics, LLC**

28519 Sweetgum Road

**281-419-3547**

Email: woodlands@maximumathletics.net

[www.maximumathletics.net](http://www.maximumathletics.net)

**Level 1**

All Ages Mon 5:30pm Coach Caleb

All Ages Thurs 7:30pm Coach Caleb

**Level 2**

All Ages Thurs 6:00pm Coach Derrick

Note: Gym Holidays are not eligible for make-ups. Our year is based on 48 weeks of classes with the yearly tuition averaged over 12 months.

**Ninja Warrior (Ages 5&up) – Boys and Girls**

5-8yrs Mon 6:30pm Coach Shelby

5-8yrs Wed 6:30pm Coach Caleb

5-8yrs Thurs 4:30pm Coach Shelby

5-8yrs Fri 4:30pm Coach Shelby

9&up Mon 5:30pm Coach Shelby

9&up Wed 4:30pm Coach Shelby

9&up Thurs 6:30pm Coach Shelby

**Aerial Silks (Ages 8&up)**

Level 1 Mon 4:30pm Coach MaryAnn

Level 1 Mon 5:30pm Coach MaryAnn

Level 1 Tues 4:30pm Coach Lindsay

Level 1 Tues 5:30pm Coach Lindsay

Level 1 Wed 5:30pm Coach Lindsay

Level 1 Wed 6:30pm Coach Lindsay

Level 2 Mon 6:30pm Coach MaryAnn

Level 2 Tues 6:30pm Coach Lindsay

Level 2 Wed 4:30pm Coach Lindsay

Level 3 Wed 7:30pm Coach Lindsay